



# The 5-Minute Mindset for Success

By using the principles of The 5-Minute Mindset, you can improve any area of your life.

facebook

twitter

YouTube

ONLINE STORE

## Step 5: Implement a Plan

Daily/Weekly Goal Tracker

**Goal:**

**Week Of:**

**Task:**

✓ #      ✓ #      ✓ #      ✓ #      ✓ #      ✓ #      ✓ #

**Goal:** Mon      Tue      Wed      Thur      Fri      Sat      Sun

**Actual:** Mon      Tue      Wed      Thur      Fri      Sat      Sun

**Total**

**Goal:**      **Actual:**      **Percentage:**      %

**Task:**

✓ #      ✓ #      ✓ #      ✓ #      ✓ #      ✓ #      ✓ #

**Goal:** Mon      Tue      Wed      Thur      Fri      Sat      Sun

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**Task:**

✓ #      ✓ #      ✓ #      ✓ #      ✓ #      ✓ #      ✓ #

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